

# God's Green Therapy

*What messages does God have for us in the plants and gardens of the Bible? Join us to learn of some of the green therapy in God's word. Relax in the beauty of Maine, spend time with your sisters in Christ, and be refreshed and renewed during our time together.*

## *Fisk Women's Retreat*

July 20-22, 2018 in Harrison, Maine

We have planned a weekend retreat for all women. This is a time of relaxation, fellowship and learning along with lots of fun, swimming, walks, shopping, reading, naps, and time for you to do what make you happy and refreshed. We will let the Spirit guide us!



- Some of our plans include "worship on the deck", three reflections times guided by one of our members, working on a mission project and maybe a Fair Project.
- Carpool rides arranged. It is about a three hour trip.
- What you will need: Personal items, bed sheets or sleeping bag for twin bed, towel, swimsuit, casual clothes for a relaxing weekend, your knitting, a book, your Bible...

*All Fisk Women encouraged to attend.*

See Amy Bruns or Sherry Culver to register NOW. Cost is \$25.00.

We can accommodate 18-20 women. We share in meal preparation.